

**1. TITLE OF THE PROFESSION**

10883003 Nyíltvízi mentő

2. TRANSLATED TITLE OF THE PROFESSION

Open water lifeguard

(THIS TRANSLATION HAS NO LEGAL STATUS)

3. PROFILE OF SKILLS AND COMPETENCES

- work in bathing establishments, supervise bathers and swimmers, educating them and promoting habits and attitudes that lead to safe recreation, carry out lifeguarding duties;
- cooperate with the technical service personnel and other employees working in different positions in bathing establishments;
- perform emergency water rescues safely and professionally, organise and instruct small groups of untrained volunteers in carrying out rescues;
- use suggestive means of communication effectively when coping with emergencies;
- use electronic communication devices;
- administer basic first aid on site in a professional manner;
- maintain a clean, safe and accident-free environment and keep records of work-related documents on paper and/or electronically;
- educate bathers and swimmers in artificial and natural (open and inland) beaches, bathing establishments and swimming facilities, promoting habits and attitudes that lead to safe recreation.

4. CLASSIFICATION OF THE VOCATIONAL TRAINING ACCORDING TO THE ISCED FIELDS OF EDUCATION AND TRAINING (ISCED-F)

1088 Interdisciplinary programmes involving services

(*) Explanatory notes:

¹ In the original language. | ² The translation of the designation is provided for information purposes only. | ³ Fill it out if necessary. The certificate supplement provides additional information on the qualification but have no legal value in itself. The format of the description is in conformity with Decision (EU) 2018/646 of the European Parliament and of the Council of 18 April 2018 on a common framework for the provision of better services for skills and qualifications (Europass) and repealing Decision No 2241/2004/EC.

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5. OFFICIAL BASIS OF THE CERTIFICATE

| | | | | | | | | | | | | | | | | |
|--|--|----------------|--|--|---------------------------------------|------|---|-------------------------|--|--|-----------------------|------|---|---|------|---|
| Name and status of the authority issuing the certificate | Name and status of the national/regional authority providing accreditation/recognition of the certificate Ministry for Innovation and Technology | | | | | | | | | | | | | | | |
| Level of the certificate (national or international) NQF level: 3 EQF level: 3 Digital Competence Framework level: 2 | Grading scale / Pass requirements Five -grade: 5 excellent 4 good 3 satisfactory 2 pass 1 fail | | | | | | | | | | | | | | | |
| Certificate number: CXK A Serial number: 123456 Certificate issue date: 2023.12.07 | Designation of the theoretical and practical subjects of the vocational qualification examination and their grades according to a five-grade scale <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <tr> <td colspan="3">written</td> </tr> <tr> <td style="width: 80%;">Lifeguarding knowledge – written test</td> <td style="width: 10%; text-align: center;">100%</td> <td style="width: 10%; text-align: center;">5</td> </tr> <tr> <td colspan="3">project exercise</td> </tr> <tr> <td>Water rescue practice</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Result of the qualification examination</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> </table> | written | | | Lifeguarding knowledge – written test | 100% | 5 | project exercise | | | Water rescue practice | 100% | 5 | Result of the qualification examination | 100% | 5 |
| written | | | | | | | | | | | | | | | | |
| Lifeguarding knowledge – written test | 100% | 5 | | | | | | | | | | | | | | |
| project exercise | | | | | | | | | | | | | | | | |
| Water rescue practice | 100% | 5 | | | | | | | | | | | | | | |
| Result of the qualification examination | 100% | 5 | | | | | | | | | | | | | | |
| Access to next level of education/training | International agreements | | | | | | | | | | | | | | | |
| Other information concerning the vocational training process | | | | | | | | | | | | | | | | |
| Legal basis Government Decree 319/2020 (VII. 1.) on the amendment of Government Decree 12/2020 (II. 7.) on the Implementation of the Vocational Education and Training Act, Government Decree 11/2020 (II. 7.) on the Implementation of the Act on Adult Education. | | | | | | | | | | | | | | | | |

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

| Description of the sectoral basic training and the theoretical and practical vocational training | Distribution of programme elements in percentage |
|--|--|
| | |
| Total duration of the education/training | 300 hours |

Entry requirements:

- Educational prerequisite: elementary school qualification
- Abilities, skills: completion of 400 metres of continuous swimming in 11 minutes (150 metres in breaststroke, 250 metres in freestyle)
- Medical fitness requirements: occupational health aptitude test shall be passed

Further information:

WRITTEN EXAMINATION EXERCISES

Basics of water rescue
Pool lifeguard tasks and duties
First aid knowledge

PROJECT EXERCISES

Task to be performed in open water or in a pool meeting the requirements – 50 metres of freestyle swimming in 50 seconds
Task to be performed in open water or in a pool meeting the requirements – 40 metres of mixed swimming (breaststroke and freestyle) in 8 minutes
Task to be performed in open water or in a pool meeting the requirements – 200 metres of freestyle swimming with clothing in 7 minutes
Task to be performed in open water or in a pool meeting the requirements – demonstration of water dives
Task to be performed in open water – underwater swim of 20 metres
Task to be performed in open water – finding and retrieving a lifeguard training dummy from a depth of 2–3 metres in a 4x4-metre area marked with buoys after a surface swim of 20 metres in 3 minutes
Task to be performed in open water – pulling out a lifeguard training dummy from the water
Task to be performed in open water – 200 metres of running, 200 metres of swimming, 200 metres of running in 7 minutes
Task to be performed in open water – demonstration of a simulated rescue from a distance of 10 metres, using life-saving equipment
Task to be performed in open water – demonstration of a combined rescue task
Task to be performed in open water – demonstration of the administration of first aid in emergencies

You can find more information on the Programme and System Requirements in the following link: <https://ikk.hu>
This certificate supplement was elaborated in accordance with the programme requirements registered by the minister responsible for VET.

National Reference Point: National Office of Vocational Education and Training and Adult Learning:
<https://nrk.nive.hu>

Head of Examination Organiser:
Issue date: 2023.12.07

SEAL