



1. TITLE OF THE PROFESSION

10882008 Szaunamester

2. TRANSLATED TITLE OF THE PROFESSION

Sauna master

(THIS TRANSLATION HAS NO LEGAL STATUS)

3. PROFILE OF SKILLS AND COMPETENCES

- Is able to assess and inspect the technical condition of saunas;
- Is able to distinguish the characteristics of different types of saunas;
- Is able to avert dangerous cases and situations;
- Is able to empathetically inform the guest(s) about health risks. Is able to refuse service in case of medical contraindications;
- Is able to assist and calm down an injured or unwell person until the arrival of first aid personnel;
- Is able to manage evacuation in the event of a sauna fire according to the sauna fire alarm protocol;
- Is able to control his or her body during the sauna programme so that he or she is always in a satisfactory condition;
- Is able to apply the legislation on spas and the services of wellness worlds in practice;
- Is able to relate to people with different temperaments and adjust his or her behaviour accordingly;
- Is able to professionally compile sauna programmes independently, to compile and purchase the necessary materials;
- Selects materials and tools consciously and professionally to provide a service contributing to well-being;
- Is physically able to hold a sauna and steam programme independently;
- Is able to consciously change the climate of the sauna with the help of ventilation devices and learned movements.

4. CLASSIFICATION OF THE VOCATIONAL TRAINING ACCORDING TO THE ISCED FIELDS OF EDUCATION AND TRAINING (ISCED-F)

1088 Interdisciplinary programmes involving a predominance of main services

(*) Explanatory notes:

¹ In the original language. | ² The translation of the designation is provided for information purposes only. | ³ Fill it out if necessary. The certificate supplement provides additional information on the qualification but have no legal value in itself. The format of the description is in conformity with Decision (EU) 2018/646 of the European Parliament and of the Council of 18 April 2018 on a common framework for the provision of better services for skills and qualifications (Europass) and repealing Decision No 2241/2004/EC.

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5. OFFICIAL BASIS OF THE CERTIFICATE

<p>Name and status of the authority issuing the certificate</p>	<p>Name and status of the national/regional authority providing accreditation/recognition of the certificate</p> <p>Ministry of Culture and Innovation</p>												
<p>Level of the certificate (national or international)</p> <p>NQF level: 2</p> <p>EQF level: 2</p> <p>Digital Competence Framework level: 2</p>	<p>Grading scale / Pass requirements</p> <p>Five -grade: 5 excellent 4 good 3 satisfactory 2 pass 1 fail</p>												
<p>Certificate number: CXK A</p> <p>Serial number: 123456</p> <p>Certificate issue date: 2024.05.21</p>	<p>Designation of the theoretical and practical subjects of the vocational qualification examination and their grades according to a five-grade scale</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="3">project exercise</td> </tr> <tr> <td>Theory and practice of the sauna master activities</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td colspan="3">Result of the qualification examination</td> </tr> <tr> <td></td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> </table>	project exercise			Theory and practice of the sauna master activities	100%	5	Result of the qualification examination				100%	5
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<p>Access to next level of education/training</p>	<p>International agreements</p>												
<p>Other information concerning the vocational training process</p> <p>Legislation prescribing the qualification requirement: § 12 (2) d) of Government Decree 510/2023 (XI. 20.) on the establishment and operation of public baths, and Annex 4, Point 1, Table 2, Line 11</p>													
<p>Legal basis</p> <p>Government Decree 12/2020 (II. 7.) on the Implementation of the Vocational Education and Training Act, Government Decree 319/2020 (VII. 1.) on the amendment of Government Decree 12/2020 (II. 7.) on the Implementation of the Vocational Education and Training Act, Government Decree 11/2020 (II. 7.) on the Implementation of the Act on Adult Education, Act LXXX of 2019 on Vocational Education and Training, Government Decree 292/2023 (VII. 6.) on the amendments to government decrees due to the ex-post impact assessment of the transformation in vocational education and training.</p>													

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Description of the sectoral basic training and the theoretical and practical vocational training	Distribution of programme elements in percentage
Total duration of the education/training	60 hours

Entry requirements:

- Educational prerequisite: primary education
- Medical fitness requirement: occupational health aptitude test

Further information:

PROJECT EXERCISES

I. Theoretical examination part: the examinees conduct a professional discussion based on questions posed by the examining board. Knowledge of the correct and necessary introductory and concluding text when conducting a self-guided sauna programme; Knowledge of the health conditions associated with sauna use; Knowledge of the diseases that exclude sauna use; Correct knowledge of sauna types, temperatures and time intervals of staying in the sauna; Knowledge of cooling methods and their possible health risks; Knowledge of the classification of essential oils; Knowledge of the use of essential oils and fragrances.

II. Practical examination part. Tasks: Independent preparation of a sauna program of a freely chosen theme by choosing and mixing the right materials, music, essential oils; Preparation of the right climate of the sauna, its ventilation with a ventilation device; Independent execution of the sauna program of a freely chosen theme, with ventilations; Air circulation during the sauna program of a freely chosen theme, according to the mood and style with at least 2 different ventilation devices.

You can find more information on the Programme and System Requirements in the following link: <https://ikk.hu>
This certificate supplement was elaborated in accordance with the programme requirements registered by the minister responsible for VET.

National Reference Point: National Office of Vocational Education and Training and Adult Learning: <https://nrk.nive.hu>

Head of Examination Organiser:
Issue date: 2024.05.21

SEAL