



1. TITLE OF THE PROFESSION

09154003 Regeneráló wellness szakember

2. TRANSLATED TITLE OF THE PROFESSION

Regenerating wellness professional
(THIS TRANSLATION HAS NO LEGAL STATUS)

3. PROFILE OF SKILLS AND COMPETENCES

- provides massages that are preventive, support health maintenance, refresh, and enhance well-being;
- uses special massage techniques (aromatherapy, dry brushing, honey, chocolate, sliding cupping, cellulite treatment - body shaping massage, refreshing foot massage, chair-office massage, Hammam massage);
- plans the required service, welcomes and informs his/her guests, complies with health and safety, environmental protection, hygiene and data management regulations;
- works independently or as part of a team, cooperates with others taking part in the professional work if necessary, asks for an opinion on the condition of his/her guests, and refers them to a doctor, physiotherapist or massage therapist;
- performs the work of a masseur on the basis of the knowledge of anatomy, skin and internal medicine acquired during theoretical training;
- continuously educates himself/herself, following new treatment options and techniques that appear on the internet and in training courses;
- gains basic information from professional materials in foreign languages (in written, visual, cinematographic forms), seeks to learn about international trends;
- works in spas, wellness centres, beauty salons, hotels, health farms, or as a private entrepreneur.

4. CLASSIFICATION OF THE VOCATIONAL TRAINING ACCORDING TO THE ISCED FIELDS OF EDUCATION AND TRAINING (ISCED-F)

0915 Therapy and rehabilitation

(*) Explanatory notes:

¹ In the original language. | ² The translation of the designation is provided for information purposes only. | ³ Fill it out if necessary. The certificate supplement provides additional information on the qualification but have no legal value in itself. The format of the description is in conformity with Decision (EU) 2018/646 of the European Parliament and of the Council of 18 April 2018 on a common framework for the provision of better services for skills and qualifications (Europass) and repealing Decision No 2241/2004/EC.

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5. OFFICIAL BASIS OF THE CERTIFICATE

Name and status of the authority issuing the certificate	Name and status of the national/regional authority providing accreditation/recognition of the certificate Ministry for Innovation and Technology																											
Level of the certificate (national or international) NQF level: 4 EQF level: 4 Digital Competence Framework level: 4	Grading scale / Pass requirements Five -grade: 5 excellent 4 good 3 satisfactory 2 pass 1 fail																											
Certificate number: CXK A Serial number: 123456 Certificate issue date: 2023.12.13	Designation of the theoretical and practical subjects of the vocational qualification examination and their grades according to a five-grade scale <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <tr> <td colspan="3">written</td> </tr> <tr> <td>Theoretical basics of the regenerating massage</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td colspan="3">project exercise</td> </tr> <tr> <td>Practical basics of the regenerating massage</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Examination part A) First aid</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Examination part B) Swedish massage practice</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Examination part C) Body shaping and beauty treatments</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Examination part D) Aromatherapy refreshing massage</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Result of the qualification examination</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> </table>	written			Theoretical basics of the regenerating massage	100%	5	project exercise			Practical basics of the regenerating massage	100%	5	Examination part A) First aid	100%	5	Examination part B) Swedish massage practice	100%	5	Examination part C) Body shaping and beauty treatments	100%	5	Examination part D) Aromatherapy refreshing massage	100%	5	Result of the qualification examination	100%	5
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Access to next level of education/training To higher education	International agreements																											
Other information concerning the vocational training process																												
Legal basis																												

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Description of the sectoral basic training and the theoretical and practical vocational training	Distribution of programme elements in percentage
Total duration of the education/training	400 hours
<p>Entry requirements:</p> <ul style="list-style-type: none">- Education prerequisite: secondary education certificate- Medical fitness requirements must be met <p>Further information:</p> <p>WRITTEN EXAMINATION EXERCISES</p> <p>anatomy (osteology, myology)</p> <p>skin and internal medicine conditions that are contraindicated for massage</p> <p>aromatherapy knowledge</p> <p>theory of wellness massage treatments (honey, chocolate, sliding cupping, cellulite treatments, refreshing foot massage, Hammam massage, and chair-office massage)</p> <p>listing and grouping Swedish massage techniques, grouping partial massage according to anatomical formulas, explaining the similarities of massage techniques, listing the indications and contraindications of massage techniques</p> <p>PROJECT EXERCISES</p> <p>demonstrating BLS (Basic Life Support) and AED (Automate Dexternal Defibrillator) use on an AMBU manikin</p> <p>performing and presenting Swedish massage based on given criteria</p> <p>demonstrating a randomly selected massage technique (cellulite, dry brush, honey, chocolate, chair-office, relaxing - stress-relieving, refreshing feet, Hammam)</p> <p>performing a full-body aromatherapy massage with aromatic substances and essential oils for soothing, muscle-relaxing, refreshing and toning purposes</p> <p>You can find more information on the Programme and System Requirements in the following link: https://ikk.hu</p> <p>This certificate supplement was elaborated in accordance with the programme requirements registered by the minister responsible for VET.</p> <p>National Reference Point: National Office of Vocational Education and Training and Adult Learning: https://nrk.nive.hu</p>	

Head of Examination Organiser:
Issue date: 2023.12.13

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