

**1. TITLE OF THE PROFESSION**

10145015 Sportedző (testépítés-fitness sportágban)

**2. TRANSLATED TITLE OF THE PROFESSION**Sports trainer (body building-fitness)  
(THIS TRANSLATION HAS NO LEGAL STATUS)**3. PROFILE OF SKILLS AND COMPETENCES**

- plan, organise and manage the short-, medium- and long-term preparation and training of athletes and teams;
- teach the technical elements of the sport;
- evaluate the performance of athletes in training and competitions;
- develop the performance and overall fitness of athletes, taking into account modern pedagogical and training principles and methods;
- assess athletes' fitness and technical knowledge, prepare a training plan and manage its implementation;
- organise training tournaments, competitions and training camps;
- organise and coordinate the activities of the specialists (sports doctor, psychologist, etc.) involved in the training of the athletes in their charge;
- participate in the work of the unit/institution organising other leisure activities;
- participate in the organisation and management of recreational sports activities and competitions;
- help children with learning difficulties to develop through physical activities using the sport's training methods;
- promote the integration of people with disabilities through sport;
- provide advice on nutrition and exercise programmes for people who want to lead a healthy lifestyle;
- recognise injuries in the event of an accident and provide appropriate first aid.

**4. CLASSIFICATION OF THE VOCATIONAL TRAINING ACCORDING TO THE ISCED FIELDS OF EDUCATION AND TRAINING (ISCED-F)**

1014 Sports

**(\*) Explanatory notes:**

<sup>1</sup> In the original language. | <sup>2</sup> The translation of the designation is provided for information purposes only. | <sup>3</sup> Fill it out if necessary. The certificate supplement provides additional information on the qualification but have no legal value in itself. The format of the description is in conformity with Decision (EU) 2018/646 of the European Parliament and of the Council of 18 April 2018 on a common framework for the provision of better services for skills and qualifications (Europass) and repealing Decision No 2241/2004/EC.

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## 5. OFFICIAL BASIS OF THE CERTIFICATE

<p><b>Name and status of the authority issuing the certificate</b></p>	<p><b>Name and status of the national/regional authority providing accreditation/recognition of the certificate</b></p> <p>Ministry for Innovation and Technology</p>																					
<p><b>Level of the certificate (national or international)</b></p> <p><b>NQF level:</b> 5</p> <p><b>EQF level:</b> 5</p> <p><b>Digital Competence Framework level:</b> 5</p>	<p><b>Grading scale / Pass requirements</b></p> <p>Five -grade: 5 excellent 4 good 3 satisfactory 2 pass 1 fail</p>																					
<p><b>Certificate number:</b> CXK A</p> <p>Serial number: 123456</p> <p><b>Certificate issue date:</b></p> <p><b>2024.06.20</b></p>	<p><b>Designation of the theoretical and practical subjects of the vocational qualification examination and their grades according to a five-grade scale</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="3"><b>written</b></td> </tr> <tr> <td>Written examination task</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>written examination activity</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td colspan="3"><b>project exercise</b></td> </tr> <tr> <td>Sport-specific situational tasks</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Teaching a particular form of sport, conducting a training session</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Result of the qualification examination</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> </table>	<b>written</b>			Written examination task	100%	5	written examination activity	100%	5	<b>project exercise</b>			Sport-specific situational tasks	100%	5	Teaching a particular form of sport, conducting a training session	100%	5	Result of the qualification examination	100%	5
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<p><b>Access to next level of education/training</b></p> <p>To higher education</p>	<p><b>International agreements</b></p>																					
<p><b>Other information concerning the vocational training process</b></p>																						
<p><b>Legal basis</b></p> <p>Government Decree 12/2020 (II. 7.) on the Implementation of the Vocational Education and Training Act,          Government Decree 319/2020 (VII. 1.) on the amendment of Government Decree 12/2020 (II. 7.) on the Implementation of the Vocational Education and Training Act,          Government Decree 11/2020 (II. 7.) on the Implementation of the Act on Adult Education,          Government Decree 292/2023 (VII. 6.) on the amendments to government decrees due to the ex-post impact assessment of the transformation in vocational education and training.</p>																						

## 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Description of the sectoral basic training and the theoretical and practical vocational training	Distribution of programme elements in percentage
Total duration of the education/training	455 hours

### Entry requirements:

- Educational prerequisite: secondary education attested by a secondary school-leaving certificate
- Medical fitness requirement: occupational health aptitude test

### Further information:

#### WRITTEN EXAMINATION EXERCISES

Complex written worksheet based on the modules "Structure and functioning of the body of sportspeople, accident prevention", "Training theory basics", "Sports pedagogy", "Sports psychology", "Gymnastics", "Training planning", "Movement development", "Management-organisation skills", "Legal and economic skills"; the sports field worksheet is based on the module "Foreign language communication in sports" and the module "body building-fitness sports"

#### PROJECT EXERCISES

Preparation of a training plan based on predefined criteria, based on a series of sport-specific situational tasks drawn up by the national sports federation

You can find more information on the Programme and System Requirements in the following link: <https://ikk.hu>  
This certificate supplement was elaborated in accordance with the programme requirements registered by the minister responsible for VET.

**National Reference Point: National Office of Vocational Education and Training and Adult Learning:**  
<https://nrk.nive.hu>

Head of Examination Organiser:

Issue date: 2024.06.20

SEAL