

**1. TITLE OF THE PROFESSION**

10144016 Sportoktató (testépítés-fitness sportágban)

2. TRANSLATED TITLE OF THE PROFESSIONSports instructor (body building-fitness sport)
(THIS TRANSLATION HAS NO LEGAL STATUS)**3. PROFILE OF SKILLS AND COMPETENCES**

- The bodybuilding-fitness sports instructor purposefully plans, organizes and manages the activities of the participants in the training;
- aware of the domestic and international history of the form of sports;
- instructs the movements, starts and rounds of the sport at a basic level;
- familiar with the competition rules of the sport;
- provides sport-specific knowledge develops sports proficiency, abilities and skills;
- recognizes and nurtures talent;
- evaluates students' performance in training sessions, develops their performance and ability to perform in line with modern pedagogical and training principles and training methods;
- assesses the technical skills of athletes and is capable of improving them;
- participates in the work of the organisational unit/institution organising the sport and other recreational activities;
- participates in the organisation and management of activities and competitions of recreational athletes;
- provides advice to help compile a sports programme for those who strive for a healthy lifestyle.

4. CLASSIFICATION OF THE VOCATIONAL TRAINING ACCORDING TO THE ISCED FIELDS OF EDUCATION AND TRAINING (ISCED-F)

1014 Sports

(*) Explanatory notes:

¹ In the original language. | ² The translation of the designation is provided for information purposes only. | ³ Fill it out if necessary. The certificate supplement provides additional information on the qualification but have no legal value in itself. The format of the description is in conformity with Decision (EU) 2018/646 of the European Parliament and of the Council of 18 April 2018 on a common framework for the provision of better services for skills and qualifications (Europass) and repealing Decision No 2241/2004/EC.

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5. OFFICIAL BASIS OF THE CERTIFICATE

<p>Name and status of the authority issuing the certificate</p>	<p>Name and status of the national/regional authority providing accreditation/recognition of the certificate</p> <p>Ministry for Innovation and Technology</p>																								
<p>Level of the certificate (national or international)</p> <p>NQF level: 4</p> <p>EQF level: 4</p> <p>Digital Competence Framework level: 4</p>	<p>Grading scale / Pass requirements</p> <p>Five -grade: 5 excellent 4 good 3 satisfactory 2 pass 1 fail</p>																								
<p>Certificate number: CXK A</p> <p>Serial number: 123456</p> <p>Certificate issue date:</p> <p>2023.12.07</p>	<p>Designation of the theoretical and practical subjects of the vocational qualification examination and their grades according to a five-grade scale</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="3">written</td> </tr> <tr> <td>Written examination task</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>written examination activity</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td colspan="3">practical</td> </tr> <tr> <td>Instruction of form of exercise, conducting training (based on a preliminary set of items)</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td colspan="3">project exercise</td> </tr> <tr> <td>Sport-specific situational tasks</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> <tr> <td>Result of the qualification examination</td> <td style="text-align: center;">100%</td> <td style="text-align: center;">5</td> </tr> </table>	written			Written examination task	100%	5	written examination activity	100%	5	practical			Instruction of form of exercise, conducting training (based on a preliminary set of items)	100%	5	project exercise			Sport-specific situational tasks	100%	5	Result of the qualification examination	100%	5
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<p>Access to next level of education/training</p> <p>To higher education</p>	<p>International agreements</p>																								
<p>Other information concerning the vocational training process</p> <p>Government Decree 157/2004 (V. 18.)</p>																									
<p>Legal basis</p> <p>Government Decree 12/2020 (II. 7.) on the Implementation of the Vocational Education and Training Act, Government Decree 319/2020 (VII. 1.) on the amendment of Government Decree 12/2020 (II. 7.) on the Implementation of the Vocational Education and Training Act, Government Decree 11/2020 (II. 7.) on the Implementation of the Act on Adult Education, Government Decree 292/2023 (VII. 6.) on the amendments to government decrees due to the ex-post impact assessment of the transformation in vocational education and training.</p>																									

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Description of the sectoral basic training and the theoretical and practical vocational training	Distribution of programme elements in percentage
Total duration of the education/training	275 hours

Entry requirements:

- Educational attainment: secondary school-leaving examination
- Medical fitness requirement: occupational health medical fitness examination

Further information:

WRITTEN EXAMINATION EXERCISES

The written exam activity is based on the knowledge material of the professional modules of the program requirement on the compiled complex worksheet and furthermore, based on the language material related to the field of sports in question, on a separate worksheet. The complex worksheet contains concepts and connected notions related to the sports instructor's activities. The written tasks are based on the subjects of "Structure and functioning of the athlete's body", "Theoretical foundations of training", "Sports pedagogy", "Sports psychology", "Gymnastics", while the tasks of the separate worksheet are based on the modules "Communication in a foreign language related to sports" and "Bodybuilding-fitness professional sports" module.

PROJECT EXERCISES

Compilation of an education/training plan based on predetermined criteria, give an account of preparedness based on a list of sport-specific situational items compiled by the national sports association. Resolution, analysis and presentation of the professional practical task.

PRACTICAL EXAMINATION EXERCISES

Conducting training, its analysis (correction of errors), situational exercises, preparation of solution proposals. During the practical exam activity, the examinee randomly chooses one of the items and gives an account of their preparedness. The practical tasks are compiled by the national sports association based on the professional knowledge of the "Bodybuilding-fitness professional sports" module. Resolution, analysis and presentation of the practical sports exercise.

You can find more information on the Programme and System Requirements in the following link: <https://ikk.hu>
This certificate supplement was elaborated in accordance with the programme requirements registered by the minister responsible for VET.

National Reference Point: National Office of Vocational Education and Training and Adult Learning: <https://nrk.nive.hu>

Head of Examination Organiser:
Issue date: 2023.12.07

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