

**1. TITLE OF THE CERTIFICATE (HU)**

51-813-03 Fitness instruktör

**2. TRANSLATED TITLE OF THE CERTIFICATE (EN)**

Fitness instructor

(THIS TRANSLATION HAS NO LEGAL STATUS)

**3. PROFILE OF SKILLS AND COMPETENCES****A typical holder of the certificate is able to:**

- assess the client's physique and fitness condition;
- based on the client's actual condition, establish realistic fitness objectives;
- pair up objectives to be realised with appropriate training equipment and methods;
- properly supervise the realisation of the training programme;
- demonstrate the exercises and the use of fitness machines;
- provide help if necessary;
- correct technical flaws;
- reinforce the client's motivation;
- give precise feedback on the results and success of the training;
- modify the training program if necessary;
- administer first aid in the case of accidents or injuries.

**4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE**

3722 Manager of fitness and recreational programmes

**(\*) Explanatory notes:**

This document is designed to provide additional information about the specified certificate and does not serve as a legal certificate of vocational qualification. The format of the description is based on the following documents:

Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications; Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information on transparency is available at: <http://europass.cedefop.europa.eu/>

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5. OFFICIAL BASIS OF THE CERTIFICATE															
<b>Name and status of the institute issuing the certificate</b>		<b>Name and status of the national/regional authority providing accreditation/recognition of the certificate</b>  Ministry of Human Capacities													
<b>Level of the certificate (national or international)</b>  <b>Level of vocational qualification according to the National Qualification Register:</b> 51 upper secondary partial vocational qualifications, which require the completion of the secondary school leaving exam and may be obtained in non-formal education.  <b>ISCED2011 code:</b> 4  <b>NQF level:</b> 4  <b>EQF level:</b> 4		<b>Grading scale / Pass requirements</b>  Five -grade: 5 excellent 4 good 3 satisfactory 2 pass 1 fail													
<b>Certificate number: PT K</b>  Serial number: 123456  <b>Certificate issue date: 2023.10.02</b>		<b>Results achieved at the examination and their proportion expressed in percentage in the complex mark</b> <table border="1"> <tr> <td>Oral examination</td> <td>Health, training theory and gymnastics</td> <td>5</td> <td>40.00</td> </tr> <tr> <td>Practical examination</td> <td>Personal conditioning</td> <td>5</td> <td>60.00</td> </tr> <tr> <td colspan="2">Result achieved at the complex vocational examination, expressed in grades.</td> <td>5</td> <td></td> </tr> </table>		Oral examination	Health, training theory and gymnastics	5	40.00	Practical examination	Personal conditioning	5	60.00	Result achieved at the complex vocational examination, expressed in grades.		5	
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Result achieved at the complex vocational examination, expressed in grades.		5													
<b>Access to next level of education/training</b>  To higher education		<b>International agreements</b>													
<b>Other information concerning the vocational training process</b>															
<b>Legal basis</b>  Act CLXXXVII of 2011 on Vocational Training Decree 23/2018 (VII. 18.) EMMI of the Minister of Human Resources amending Decree 27/2016 (IX. 16.) EMMI of the Minister of Human Resources on the professional and examination requirements of vocational qualifications falling within the sphere of competence of the Minister of Human Resources.															

## 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Description of vocational education and training received	Percentage of total programme %	Duration (hours/weeks/months/years)
School-/training centre-based	Theory: 40 % Practice: 60 %	
Workplace-based		
Accredited prior learning		
Total duration of the education/training leading to the certificate		250 hours

**Entry requirements:**

- Secondary school leaving examination

**Vocational requirement modules:**

10323-12 Healthcare and first aid

10324-12 Training theory and gymnastics

10336-12 Fitness room conditioning

This certificate supplement was prepared on the basis of the instruction for filling in the Certificate Supplement published on the homepages of the National Reference Point and the National Europass Centre.

**National Reference Point – NSZFH – <http://nrk.nive.hu>**

Head of Examination Organiser:

Issue date: 2023.10.02

**SEAL**