

**1. TITLE OF THE CERTIFICATE (HU)**

55-726-02 Sportmasször

**2. TRANSLATED TITLE OF THE CERTIFICATE (EN)**

Sports Massage Therapist

(THIS TRANSLATION HAS NO LEGAL STATUS)

**3. PROFILE OF SKILLS AND COMPETENCES****A typical holder of the certificate is able to:**

- apply the competences detailed at the Massage therapist qualification;
- observe the athlete and the sports activity;
- perform health check;
- communicate with the members of the team or the athlete in an emphatic way, using the professional jargon;
- define his or her own limits of professional competence;
- perform sports massage;
- perform triggerpoint massage;
- treat disabled athletes, paralympic champions, transplant patients;
- perform the deep technical implementation of sports massage (PIP, MCP, forearm, elbow);
- apply sports massage on athletes through their clothing;
- apply massage techniques in compliance with women's cycle;
- perform the treatment of hypo- and hypermobile athletes;
- perform tens, laser (soft), biotron, ultrasound treatments;
- perform traditional bandaging;
- perform hydro- and balneotherapy treatments;
- record documentations related to their work;
- comply with rules and provisions on hygiene, environmental protection and fire protection;
- perform tasks related to the education of sports health care;
- participate in sports rehabilitation;
- provide first aid;
- recognise sports injuries, treat them at the instruction of or in cooperation with the doctor;
- apply traditional and supplementary massage techniques in accordance with the daily training cycles;
- participate in the prevention of sports injuries;
- participate in the development of a training programme;
- comply with professional and ethical rules;
- use the terminology of massage therapy and sports massage therapy;
- comply with labour-protection, environmental protection, fire protection and shock prevention rules and provisions;
- comply with rules on patient rights and patient safety;
- perform coolings and icing;
- perform passive stretching;
- perform passive massage.

**4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE**

3332 Physiotherapy assistant, masseur

**(\*) Explanatory notes:**

This document is designed to provide additional information about the specified certificate and does not serve as a legal certificate of vocational qualification. The format of the description is based on the following documents:

Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications; Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information on transparency is available at: <http://europass.cedefop.europa.eu/>

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MANUAL

5. OFFICIAL BASIS OF THE CERTIFICATE																												
<b>Name and status of the institute issuing the certificate</b>		<b>Name and status of the national/regional authority providing accreditation/recognition of the certificate</b>  Ministry of Human Capacities																										
<b>Level of the certificate (national or international)</b>  <b>Level of vocational qualification according to the National Qualification Register:</b> 55 advanced vocational qualification add-ons, which are based on vocational qualifications requiring the completion of the secondary school leaving exam and may be obtained primarily in formal education  <b>ISCED2011 code:</b> 4  <b>NQF level:</b> 4  <b>EQF level:</b> 4		<b>Grading scale / Pass requirements</b>  Five -grade: 5 excellent 4 good 3 satisfactory 2 pass 1 fail																										
<b>Certificate number:</b> PT K  Serial number: 123456  <b>Certificate issue date:</b> 2023.10.02		<b>Results achieved at the examination and their proportion expressed in percentage in the complex mark</b> <table border="1"> <tbody> <tr> <td>Oral examination</td> <td>Basics of the theory of sports massage</td> <td>5</td> <td>15.00</td> </tr> <tr> <td>Oral examination</td> <td>Basics of sports health care</td> <td>5</td> <td>15.00</td> </tr> <tr> <td>Oral examination</td> <td>Techniques of sports massage</td> <td>5</td> <td>20.00</td> </tr> <tr> <td>Practical examination</td> <td>Sports massage on a healthy athlete</td> <td>5</td> <td>25.00</td> </tr> <tr> <td>Practical examination</td> <td>Sports massage on an injured athlete</td> <td>5</td> <td>25.00</td> </tr> <tr> <td colspan="2">Result achieved at the complex vocational examination, expressed in grades.</td> <td>5</td> <td></td> </tr> </tbody> </table>			Oral examination	Basics of the theory of sports massage	5	15.00	Oral examination	Basics of sports health care	5	15.00	Oral examination	Techniques of sports massage	5	20.00	Practical examination	Sports massage on a healthy athlete	5	25.00	Practical examination	Sports massage on an injured athlete	5	25.00	Result achieved at the complex vocational examination, expressed in grades.		5	
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<b>Access to next level of education/training</b>  Advancement to higher education		<b>International agreements</b>																										
<b>Other information concerning the vocational training process</b>																												
<b>Legal basis</b> Act CLXXXVII of 2011 on Vocational Training Decree 27/2016 (IX. 16.) EMMI of the Minister of Human Resources on the Vocational and Examination Requirements of Vocational Qualifications.																												

## 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Description of vocational education and training received	Percentage of total programme %	Duration (hours/weeks/months/years)
School-/training centre-based	Theory: 50 % Practice: 50 %	
Workplace-based		
Accredited prior learning		
Total duration of the education/training leading to the certificate		800 hours

**Entry requirements:**

- Secondary school leaving examination
- Standards of medical fitness shall be met.
- Professional background: 54-726-04 Massage therapist

**Vocational requirement modules:**

11672-16 Theory of sports massage

11671-16 Basics of sports health care

11673-16 Techniques of sports massage

This certificate supplement was prepared on the basis of the instruction for filling in the Certificate Supplement published on the homepages of the National Reference Point and the National Europass Centre.

**National Reference Point – NSZFH – <http://nrk.nive.hu>**

Head of Examination Organiser:

Issue date: 2023.10.02

**SEAL**