



## 1. TITLE OF THE CERTIFICATE (HU)

54 726 04 Gyógymasszőr

# 2. TRANSLATED TITLE OF THE CERTIFICATE (EN)

Massage therapist (THIS TRANSLATION HAS NO LEGAL STATUS)

### 3. PROFILE OF SKILLS AND COMPETENCES

#### A typical holder of the certificate is able to:

- observe patients;
- assess patients' conditions;
- communicate with the team using the terminology of the profession;
- apply the basic techniques of Swedish massage (effleurage, petrissage, rhythmic tapping, friction, vibration) during the refreshing massage by using different vehicles (soap, talc, cream, oil);
- apply different types of massage during the massage of the body and certain body parts (such as massage under shower, hammam massage, cellulite massage, honey massage, chocolate massage, brush massage, and water jet massage);
- perform aromatherapy massage;
- perform treatments of different temperatures and dimensions (such as masks, rolling, washes, rubbing, cold-water dousing, medicated and herbal bath therapies, whirlpool baths) during balneotherapy and hydrotherapy treatments;
- perform carbon dioxide ice, carbonic acid gas, carbonated bath treatments;
- perform sudatory, steam bath and sauna treatments, perform the tasks of sauna masters (pouring water over the stones);
- perform mud treatments (prepare for different mud treatments, perform mud compress therapy, mud baths and partial mud treatments, mud massage therapy, mitigated mud therapy, Parafango therapy), perform the tasks after mud therapies;
- perform spinal traction treatment;
- perform drinking cures;
- perform first aid tasks (treat injuries, treat and prevent injuries caused by electricity or high temperature, resuscitation, recognise problems related to the blood sugar level and blood pressure);
- use equipment and vehicles (talc, cream, oil, soap) necessary for massage professionally, clean and disinfect them after treatment;
- comply with hygiene rules, with special respect to biological risks;
- apply anatomical, physiological, patho-physiological and clinical knowledge during his or her work;
- communicate with the team using the terminology of the profession;
- Adhere to ethical norms of the trade, regard his/her profession as a vocation;
- perform administrative tasks related to his or her activities;
- use professional expressions during his or her work;
- comply with labour-protection, environmental protection, fire protection and shock prevention rules and provisions;
- comply with rules on patient rights and patient safety;
- apply therapy massage, disease-specific therapy massage, recognize diseases on the basis of the patient sheet, and treat rheumatologic, orthopedic and traumatology diseases;
- perform segment massage;
- perform connective tissue massage;
- perform periosteal massage;
- perform lymphatic drainage;
- perform passive stretching;
- keep records relevant to work;
- comply with the rules and regulations on hygiene, environmental protection and fire safety;
- perform health education tasks;
- participate in rehabilitation;
- provide first aid;
- apply anatomical, physiological, patho-physiological and clinical knowledge during his or her work.

#### 4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE

3332 Physiotherapy assistant, masseur

#### (\*) Explanatory notes:

This document is designed to provide additional information about the specified certificate and does not serve as a legal certificate of vocational qualification. The format of the description is based on the following documents:

Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications; Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information on transparency is available at: http://europass.cedefop.europa.eu/  $\ensuremath{\mathsf{wtp://europass.cedefop.europa.eu/}}\xspace$ 

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5. OFFICIAL BASIS OF THE CERTIFICATE					
Name and status of the institute issuing the certificate	Name and status of the national/regional authority providing accreditation/recognition of the certificate Ministry of Human Capacities				
Level of the certificate (national or international) Level of vocational qualification according to the National Qualification Register: 54 advanced vocational qualifications, which require the completion of the secondary school leaving exam and may be obtained primarily in formal education ISCED2011 code: 4 NQF level: 5 EQF level: 5	Five -grade:	4 good 3 satisfactory 2 pass 1 fail			
Certificate number: PT K		eved at the examination percentage in the comple		r proportion	
Serial number: 123456	Oral examination	Introduction to the theory of massage I. (anatomy and physiology, orthopedics, traumatology, dermatology, neurology) and Introduction to health care (professional legal and ethical knowledge, public health, health development, communication)	5	5.00	
Certificate issue date: 2023.10.02	Oral examination	Theory of regenerative balneotherapy massage, Theory of physiotherapy I.	5	5.00	
	Oral examination	Introduction to the theory of massage II. (anatomy and physiology, orthopedics, traumatology, rheumatology, dermatology, neurology) and Clinical knowledge (anatomy and physiology, surgery, internal medicine, common pathology, microbiology, epidemiology, introduction to pharmacology, diagnostics and therapy)	5	15.00	
	Oral examination	Theory of therapy massage and theory of physiotherapy II.	5	15.00	
	Practical examination	Physiotherapy I. Basic first aid	5	10.00	
*	Practical examination	Regenerating and balneotherapy massage	5	20.00	
	Practical examination	Therapy massage	5	30.00	
		d at the complex vocational xpressed in grades.	5		

#### Access to next level of education/training

Advancement to higher education

### Other information concerning the vocational training process

### Legal basis

Act CLXXXVII of 2011 on Vocational Training Decree 27/2016 (IX. 16.) EMMI of the Minister of Human Resources on the Vocational and Examination Requirements of Vocational Qualifications.

# 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Description of vocational education	Percentage of total programme	Duration
and training received	%	(hours/weeks/months/years)
School-/training centre-based	Theory: 50 $\%$ Practice: 50 $\%$	
Workplace-based		
Accredited prior learning		
Total duration of the education	on/training leading to the certificate	2 years
Entry requirements:		
- Secondary school-leaving certificate.		
- Criteria for medical fitness shall be met.		
Vocational requirement modules:		
11110-16 Basic knowledge of healthcare		
12051-16 Basic knowledge of massage theor	vľ	
12052-16 Basic knowledge of massage theor		
12053-16 Physiotherapy I.	,	
12054-16 Physiotherapy II.		
12055-16 Regenerating balneotherapy mass	age	
11835-16 Remedial massage	·o·	
0	s based on secondary school-leaving examination)	
11499-12 Employment II.	s subou on secondary sensor rawing enanmation)	
11500-12 Occupational health and safety		
11221-16 Basic care		· · · ·
11222-16 Clinical studies		
	pared on the basis of the instruction for fil	
published on the homepages of the N	ational Reference Point and the National Eu	ropass Centre.

# National Reference Point – NSZFH - http://nrk.nive.hu

Head of Examination Organiser: Issue date: 2023.10.02

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