

**1. TITLE OF THE CERTIFICATE (HU)**

54-813-02 Sportedző (testépítés-fitness)

**2. TRANSLATED TITLE OF THE CERTIFICATE (EN)**Sports trainer (bodybuilding and fitness)  
(THIS TRANSLATION HAS NO LEGAL STATUS)**3. PROFILE OF SKILLS AND COMPETENCES****A typical holder of the certificate is able to:**

- proficiently demonstrate, analyse and effectively teach the movements of the selected sport;
- recognise and correct flawed performance of the movements of the selected sport;
- professionally gauge and evaluate the abilities and condition of athletes;
- plan and manage the sport-specific preparation and competition of athletes, taking into account age-specific and individual requirements;
- assess the performance of athletes and select competitors;
- apply modern talent management principles and methods;
- prepare training plans for different cycles;
- manage the work of assistant trainers taking part in his or her work;
- organise sporting events, tournaments, competitions and camps;
- perform organisational, financial, administrative and marketing tasks associated with the job;
- promote the healthy lifestyle, highlight the importance of regular exercise and sports in maintaining health;
- organise and manage leisure activities related to the field of the selected sport;
- recognise potential injuries related to physical activities and prevent these as much as possible;
- professionally administer help and first aid if necessary;
- cooperate with other body culture and health professionals.

**4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE**2717 Certified trainer, sports organiser and manager  
3722 Manager of fitness and recreational programmes**(\*) Explanatory notes:**

This document is designed to provide additional information about the specified certificate and does not serve as a legal certificate of vocational qualification. The format of the description is based on the following documents:

Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications; Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information on transparency is available at: <http://europass.cedefop.europa.eu/>

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5. OFFICIAL BASIS OF THE CERTIFICATE																								
<b>Name and status of the institute issuing the certificate</b>		<b>Name and status of the national/regional authority providing accreditation/recognition of the certificate</b> Ministry of Human Capacities																						
<b>Level of the certificate (national or international)</b> <b>Level of vocational qualification according to the National Qualification Register:</b> 54 advanced vocational qualifications, which require the completion of the secondary school leaving exam and may be obtained primarily in formal education <b>ISCED2011 code:</b> 4 <b>NQF level:</b> 5 <b>EQF level:</b> 5		<b>Grading scale / Pass requirements</b> Five -grade: 5 excellent 4 good 3 satisfactory 2 pass 1 fail																						
<b>Certificate number: PT K</b>  Serial number: 123456  <b>Certificate issue date: 2023.10.02</b>		<b>Results achieved at the examination and their proportion expressed in percentage in the complex mark</b> <table border="1"> <tbody> <tr> <td>Oral examination</td> <td>Health and training theory</td> <td>5</td> <td>30.00</td> </tr> <tr> <td>Oral examination</td> <td>Gymnastics</td> <td>5</td> <td>10.00</td> </tr> <tr> <td>Practical examination</td> <td>The education of movements of the given sports</td> <td>5</td> <td>50.00</td> </tr> <tr> <td>Practical examination</td> <td>Drafting a sport-specific training plan</td> <td>5</td> <td>10.00</td> </tr> <tr> <td colspan="2">Result achieved at the complex vocational examination, expressed in grades.</td> <td>5</td> <td></td> </tr> </tbody> </table>			Oral examination	Health and training theory	5	30.00	Oral examination	Gymnastics	5	10.00	Practical examination	The education of movements of the given sports	5	50.00	Practical examination	Drafting a sport-specific training plan	5	10.00	Result achieved at the complex vocational examination, expressed in grades.		5	
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<b>Access to next level of education/training</b> To higher education		<b>International agreements</b>																						
<b>Other information concerning the vocational training process</b>																								
<b>Legal basis</b> Act CLXXXVII of 2011 on Vocational Training Decree 27/2016 (IX. 16.) EMMI of the Minister of Human Resources on the Vocational and Examination Requirements of Vocational Qualifications.																								

## 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

Description of vocational education and training received	Percentage of total programme %	Duration (hours/weeks/months/years)
School-/training centre-based	Theory: 40 % Practice: 60 %	
Workplace-based		
Accredited prior learning		
Total duration of the education/training leading to the certificate		2 years

**Entry requirements:**

- Secondary school leaving examination.
- Medical fitness examination is required.

**Vocational requirement modules:**

10322-12 The basics of pedagogy, psychology and communication

10323-12 Healthcare and first aid

10324-12 Training theory and gymnastics

10325-12 The basics of organisation and entrepreneurship

10326-12 The basics of different sports

10327-12 Sports trainer specialised knowledge

11498-12 Employment I (for training courses built on secondary school-leaving examination)

11499-12 Employment II.

This certificate supplement was prepared on the basis of the instruction for filling in the Certificate Supplement published on the homepages of the National Reference Point and the National Europass Centre.

**National Reference Point – NSZFH – <http://nrk.nive.hu>**

Head of Examination Organiser:

Issue date: 2023.10.02

**SEAL**